

Overnight Camp Prep Guide



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Scan this QR Code for
directions to Camp!

Welcome to Camp Io-Dis-E-Ca

This guide is to help you prepare for an exciting week at Camp Io-Dis-E-Ca! Please review the contents of this guide to ensure your camper's experience will be smooth from arrival to departure.

Registration Forms

All camper registration forms must be completed online. Your Camper Profile and waiver were required to complete registration.

The Camper Experience Survey and Medical Information Sheet must be completed one week prior to arriving at camp. These can be found by logging into your account on our website.

An Immunization Record is only required for campers who reside outside of Iowa. This should be emailed to office@iodiseca.org to be uploaded to your camper's profile.

Check-in

Check-in is from 3:30-4:45pm. Please do not arrive before 3:30pm.

Once you have reached the parking lot and lodges, leave your luggage in the car, but bring your medications into the Alpha Lodge (orange building) with you. Attendants will guide you in the parking lot.

Health concerns/allergies will be discussed by our Camp Nurse and/or kitchen staff.

Registration balances are due at check-in. Funds can also be added to your camper's canteen account. Do not pack canteen money in your camper's luggage. We accept cash, checks and most cards at check-in.

A parent must sign their camper into their cabin. If someone else will be picking up your camper at the end of the session, please let the counselor know when checking in. If your pick up plans change during the week, please contact the office at office@iodiseca.org. **We will not release your camper to any unauthorized individuals.**

Canteen (The Camp Store)

Campers may purchase food & drink (within limits) every time the canteen is open while at camp. T-shirts, hats, water bottles, and other souvenir items are also available. We suggest \$30 for full-week camps, \$15 for mini-week camps, and \$40 for certain specialty camps such as Sports Camp and Challenge Camp where items may be purchased off-site. Be sure to talk with your camper about how to use this privilege.

Medications

Your camper's medication schedule should be entered into their online profile. All medications must be correctly labeled, in their original containers, and turned in to the camp nurse during registration.

For safety reasons, staff will administer all medications, including OTCs. Medications that must be readily accessible (inhalers, bee-sting kits, etc.) are kept with your camper's counselor.

What to Bring

A suggested packing list is available on our website.

Last Day of Camp

Parents may arrive at 10:00am on the last day of camp to join their camper for brunch (free will offering). Brunch will be served from 10:00am-10:45am.

At 11:00am, campers will bid their counselor, cabin mates and other friends farewell at the closing program located at the amphitheater. Should it be raining, the closing program will take place in Alpha Lodge. Be sure to check the Lost and Found for any missing items before you leave the closing program area.

After the closing program, please go with your camper to their cabin to 1) sign out your camper 2) pick up medications and 3) retrieve your camper's luggage. All Campers must be signed out and off camp by 12:00pm

Keeping in Touch

There are several ways to stay in contact with your camper throughout their time at camp:

- Slip a note in your camper's luggage.
- Mail a letter or package (no food please). Mail may be addressed to your camper at the main camp address. Plan ahead: mail usually takes 3-4 days to deliver from home to camp.
- Send an email message to: campers@iodiseca.org. Please put the camper's full name and counselor's name as the subject line. Emails will be printed and distributed at meal times. Campers do not have access to a computer to respond digitally.
- If you would like to hear from your camper, please pack a pre-addressed, stamped envelope or postcard.

We do not allow campers to use phones. Calling home to family and friends usually intensifies homesickness.